



TM

BASUNDHARA TEACHERS' TRAINING COLLEGE **(A UNIT OF NORTH BIHAR EDUCATIONAL TRUST)**

RECOGNISED BY NCTE-ERC, BHUBANESHWAR
AFFILIATED B.R.A BIHAR UNIVERSITY, MUZAFFARPUR
DR. U.S. ROY KNOWLEDGE PARK, SILOUT (NEAR MARKAN CHOWK) N.H. 28,
MUZAFFARPUR (BIHAR) PIN-843119

Brochure **Value Added Course**



Academic Year:-

- **2022-2023**
- **2021-2022**
- **2020-2021**
- **2019-2020**
- **2018-2019**





Computer Skill Development Programme
Organized by
Skill Development Committee



Mr. Pankaj Kumar
(Assistant Professor)

(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 17.12.2022 to 16.02.2023

TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Basic knowledge of using computer	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	To gain understanding of basic typing ,Tally, Internet suffering	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Use of the knowledge to solve practical problems	Faster confidence in using computers and navigating original environments
4	Competence using word processing software	Teach effective use of web browser and search engine for information
5	Ability to create presentation of Microsoft power point, Google slides.	Ensure participants can manage email communication proficiency.
6	Effective use of web browsers for research and information gathering	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.
7	Understanding of email communication including sending and receiving mail.	Learn to troubleshoot common computer issues and perform basic maintenance tasks to keep systems running smoothly.
8	Ability to diagnose and resolve computer issues	Understand the basics of digital security, including safe internet practices, password management, and recognizing online threats.
9	Skill in organizing, managing and backing files & folders.	
10	Completion of small projects and practical assignments that consolidate the skill learned during the courses	



Principal
Basundhara Teachers
Training College, Silout
Muzafferpur, Bihar



Coordinator
Skill Development Committee
BTTC




English Efficiency Course
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Skill Development Committee



Mrs. Manisha Kumari
(Assistant Professor)
(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 17.02.2023 to 15.05.2023
TIME: 03:00 PM to 04:00 PM
VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Achieving a certain level of proficiency in speaking, listening, reading, and writing skills according to established language frameworks	Improve fluency and accuracy in spoken English through structured practice activities.
2	Developing the ability to effectively communicate in English across different contexts, such as academic, professional, and social settings.	Build confidence in participating in conversations, discussions, presentations, and interviews.
3	Expanding vocabulary knowledge to comprehend and use a wide range of words and phrases appropriately.	Improve ability to understand spoken English in various accents and contexts.
4	Mastering grammatical rules and sentence structures to communicate ideas clearly and accurately.	Develop strategies for listening for main ideas, details, and nuances.
5	Applying English language skills to analyze, evaluate, and synthesize information from various sources.	Learn and use a wider range of vocabulary words and phrases relevant to different topics and situations.
6	Understanding and using English in culturally appropriate ways, including social conventions, politeness strategies, and idiomatic expressions.	Develop techniques for acquiring and retaining new vocabulary effectively.
7	Developing awareness and understanding of cultural differences and effectively navigating intercultural communication situations in English.	Understand and apply grammatical rules and structures to create clear and coherent sentences.
8	Acquiring strategies and skills for lifelong language learning beyond formal instruction.	Practice using different sentence types and tenses accurately.
9	Building confidence in using English and maintaining motivation to continue improving language skills.	Enhance reading comprehension skills by practicing with authentic texts such as articles, reports, and literary works.


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Mental Stress Development Programme

YOGA

Organized by

Skill Development Committee



Mr. Chunchun Kumar

(Assistant Professor)

(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 03.01.2023 to 18.01.2023

TIME: 09:00 AM to 10:00 AM


VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Participants will achieve increased flexibility through regular practice of yoga and stretching exercises.	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	Students will develop muscular strength and endurance by practicing yoga poses that target different muscle groups.	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Learners will experience reduced stress levels and improved mental well-being through relaxation techniques, meditation, and controlled breathing	Faster confidence in using computer s and navigating original environments
4	Learners will learn breathing techniques that enhance respiratory function, increase lung capacity, and promote relaxation.	Teach effective use of web browser and search engine for information
5	Students will learn therapeutic yoga practices that help alleviate common physical discomforts such as back pain, joint stiffness, and tension headaches.	Ensure participants can manage email communication proficiency.
6	Participants will improve their ability to concentrate and focus through mindfulness exercises and meditation practices incorporated into yoga sessions.	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.

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Muzaffarpur, Bihar


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Computer Skill Development Programme

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By

Mr. Pankaj Kumar
(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 06.01.2022 to 02.03.2022

TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Basic knowledge of using computer	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	To gain understanding of basic typing ,Tally, Internet suffering	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Use of the knowledge to solve practical problems	Faster confidence in using computers and navigating original environments
4	Competence using word processing software	Teach effective use of web browser and search engine for information
5	Ability to create presentation of Microsoft power point, Google slides.	Ensure participants can manage email communication proficiency.
6	Effective use of web browsers for research and information gathering	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.
7	Understanding of email communication including sending and receiving mail.	Learn to troubleshoot common computer issues and perform basic maintenance tasks to keep systems running smoothly.
8	Ability to diagnose and resolve computer issues	Understand the basics of digital security, including safe internet practices, password management, and recognizing online threats.
9	Skill in organizing, managing and backing files & folders.	
10	Completion of small projects and practical assignments that consolidate the skill learned during the courses	


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English Efficiency Course
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Mrs. Manisha Kumari
(Assistant Professor)
(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 07.03.2022 to 03.05.2022
TIME: 03:00 PM to 04:00 PM
VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Achieving a certain level of proficiency in speaking, listening, reading, and writing skills according to established language frameworks	Improve fluency and accuracy in spoken English through structured practice activities.
2	Developing the ability to effectively communicate in English across different contexts, such as academic, professional, and social settings.	Build confidence in participating in conversations, discussions, presentations, and interviews.
3	Expanding vocabulary knowledge to comprehend and use a wide range of words and phrases appropriately.	Improve ability to understand spoken English in various accents and contexts.
4	Mastering grammatical rules and sentence structures to communicate ideas clearly and accurately.	Develop strategies for listening for main ideas, details, and nuances.
5	Applying English language skills to analyze, evaluate, and synthesize information from various sources.	Learn and use a wider range of vocabulary words and phrases relevant to different topics and situations.
6	Understanding and using English in culturally appropriate ways, including social conventions, politeness strategies, and idiomatic expressions.	Develop techniques for acquiring and retaining new vocabulary effectively.
7	Developing awareness and understanding of cultural differences and effectively navigating intercultural communication situations in English.	Understand and apply grammatical rules and structures to create clear and coherent sentences.
8	Acquiring strategies and skills for lifelong language learning beyond formal instruction.	Practice using different sentence types and tenses accurately.
9	Building confidence in using English and maintaining motivation to continue improving language skills.	Enhance reading comprehension skills by practicing with authentic texts such as articles, reports, and literary works.


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Mental Stress Development *Programme*

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Mr. Chunchun Kumar

(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 07.03.2022 to 29.03.2022

TIME: 09:00 AM to 10:00 AM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Participants will achieve increased flexibility through regular practice of yoga and stretching exercises.	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	Students will develop muscular strength and endurance by practicing yoga poses that target different muscle groups.	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Learners will experience reduced stress levels and improved mental well-being through relaxation techniques, meditation, and controlled breathing	Faster confidence in using computer s and navigating original environments
4	Learners will learn breathing techniques that enhance respiratory function, increase lung capacity, and promote relaxation.	Teach effective use of web browser and search engine for information
5	Students will learn therapeutic yoga practices that help alleviate common physical discomforts such as back pain, joint stiffness, and tension headaches.	Ensure participants can manage email communication proficiency.
6	Participants will improve their ability to concentrate and focus through mindfulness exercises and meditation practices incorporated into yoga sessions.	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.


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By

Mr. Pankaj Kumar
(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 21.08.2023 to 31.10.2023

TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Basic knowledge of using computer	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	To gain understanding of basic typing ,Tally, Internet suffering	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Use of the knowledge to solve practical problems	Faster confidence in using computers and navigating original environments
4	Competence using word processing software	Teach effective use of web browser and search engine for information
5	Ability to create presentation of Microsoft power point, Google slides.	Ensure participants can manage email communication proficiency.
6	Effective use of web browsers for research and information gathering	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.
7	Understanding of email communication including sending and receiving mail.	Learn to troubleshoot common computer issues and perform basic maintenance tasks to keep systems running smoothly.
8	Ability to diagnose and resolve computer issues	Understand the basics of digital security, including safe internet practices, password management, and recognizing online threats.
9	Skill in organizing, managing and backing files & folders.	
10	Completion of small projects and practical assignments that consolidate the skill learned during the courses	


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English Efficiency Course
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Mrs. Manisha Kumari

(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 15.04.2021 to 06.06.2021

TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Achieving a certain level of proficiency in speaking, listening, reading, and writing skills according to established language frameworks	Improve fluency and accuracy in spoken English through structured practice activities.
2	Developing the ability to effectively communicate in English across different contexts, such as academic, professional, and social settings.	Build confidence in participating in conversations, discussions, presentations, and interviews.
3	Expanding vocabulary knowledge to comprehend and use a wide range of words and phrases appropriately.	Improve ability to understand spoken English in various accents and contexts.
4	Mastering grammatical rules and sentence structures to communicate ideas clearly and accurately.	Develop strategies for listening for main ideas, details, and nuances.
5	Applying English language skills to analyze, evaluate, and synthesize information from various sources.	Learn and use a wider range of vocabulary words and phrases relevant to different topics and situations.
6	Understanding and using English in culturally appropriate ways, including social conventions, politeness strategies, and idiomatic expressions.	Develop techniques for acquiring and retaining new vocabulary effectively.
7	Developing awareness and understanding of cultural differences and effectively navigating intercultural communication situations in English.	Understand and apply grammatical rules and structures to create clear and coherent sentences.
8	Acquiring strategies and skills for lifelong language learning beyond formal instruction.	Practice using different sentence types and tenses accurately.
9	Building confidence in using English and maintaining motivation to continue improving language skills.	Enhance reading comprehension skills by practicing with authentic texts such as articles, reports, and literary works.


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Mr. Chunchun Kumar

(Assistant Professor)

(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 21.04.2021 to 30.04.2021

TIME: 09:00 AM to 10:00 AM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Participants will achieve increased flexibility through regular practice of yoga and stretching exercises.	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	Students will develop muscular strength and endurance by practicing yoga poses that target different muscle groups.	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Learners will experience reduced stress levels and improved mental well-being through relaxation techniques, meditation, and controlled breathing	Faster confidence in using computer s and navigating original environments
4	Learners will learn breathing techniques that enhance respiratory function, increase lung capacity, and promote relaxation.	Teach effective use of web browser and search engine for information
5	Students will learn therapeutic yoga practices that help alleviate common physical discomforts such as back pain, joint stiffness, and tension headaches.	Ensure participants can manage email communication proficiency.
6	Participants will improve their ability to concentrate and focus through mindfulness exercises and meditation practices incorporated into yoga sessions.	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.

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By

**Mr. Pankaj Kumar
(Assistant Professor)**

(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 15.02.2021 to 18.04.2021


TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Basic knowledge of using computer	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	To gain understanding of basic typing ,Tally, Internet suffering	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Use of the knowledge to solve practical problems	Faster confidence in using computers and navigating original environments
4	Competence using word processing software	Teach effective use of web browser and search engine for information
5	Ability to create presentation of Microsoft power point, Google slides.	Ensure participants can manage email communication proficiency.
6	Effective use of web browsers for research and information gathering	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.
7	Understanding of email communication including sending and receiving mail.	Learn to troubleshoot common computer issues and perform basic maintenance tasks to keep systems running smoothly.
8	Ability to diagnose and resolve computer issues	Understand the basics of digital security, including safe internet practices, password management, and recognizing online threats.
9	Skill in organizing, managing and backing files & folders.	
10	Completion of small projects and practical assignments that consolidate the skill learned during the courses	



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Mrs. Manisha Kumari
(Assistant Professor)
(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 20.01.2020 to 11.03.2020
TIME: 03:00 PM to 04:00 PM
VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Achieving a certain level of proficiency in speaking, listening, reading, and writing skills according to established language frameworks	Improve fluency and accuracy in spoken English through structured practice activities.
2	Developing the ability to effectively communicate in English across different contexts, such as academic, professional, and social settings.	Build confidence in participating in conversations, discussions, presentations, and interviews.
3	Expanding vocabulary knowledge to comprehend and use a wide range of words and phrases appropriately.	Improve ability to understand spoken English in various accents and contexts.
4	Mastering grammatical rules and sentence structures to communicate ideas clearly and accurately.	Develop strategies for listening for main ideas, details, and nuances.
5	Applying English language skills to analyze, evaluate, and synthesize information from various sources.	Learn and use a wider range of vocabulary words and phrases relevant to different topics and situations.
6	Understanding and using English in culturally appropriate ways, including social conventions, politeness strategies, and idiomatic expressions.	Develop techniques for acquiring and retaining new vocabulary effectively.
7	Developing awareness and understanding of cultural differences and effectively navigating intercultural communication situations in English.	Understand and apply grammatical rules and structures to create clear and coherent sentences.
8	Acquiring strategies and skills for lifelong language learning beyond formal instruction.	Practice using different sentence types and tenses accurately.
9	Building confidence in using English and maintaining motivation to continue improving language skills.	Enhance reading comprehension skills by practicing with authentic texts such as articles, reports, and literary works.


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Mr. Chunchun Kumar

(Assistant Professor)

(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 18.01.2020 to 04.02.2020

TIME: 09:00 AM to 10:00 AM


VENUE: Basundhara Teachers' Training College, Siout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Participants will achieve increased flexibility through regular practice of yoga and stretching exercises.	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	Students will develop muscular strength and endurance by practicing yoga poses that target different muscle groups.	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Learners will experience reduced stress levels and improved mental well-being through relaxation techniques, meditation, and controlled breathing	Faster confidence in using computer s and navigating original environments
4	Learners will learn breathing techniques that enhance respiratory function, increase lung capacity, and promote relaxation.	Teach effective use of web browser and search engine for information
5	Students will learn therapeutic yoga practices that help alleviate common physical discomforts such as back pain, joint stiffness, and tension headaches.	Ensure participants can manage email communication proficiency.
6	Participants will improve their ability to concentrate and focus through mindfulness exercises and meditation practices incorporated into yoga sessions.	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.

Coordinator

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Computer Skill Development Programme

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By

Mr. Pankaj Kumar
(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 23.10.2018 to 24.12.2018

TIME: 03:00 PM to 04:00 PM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Basic knowledge of using computer	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	To gain understanding of basic typing ,Tally, Internet suffering	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Use of the knowledge to solve practical problems	Faster confidence in using computers and navigating original environments
4	Competence using word processing software	Teach effective use of web browser and search engine for information
5	Ability to create presentation of Microsoft power point, Google slides.	Ensure participants can manage email communication proficiency.
6	Effective use of web browsers for research and information gathering	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.
7	Understanding of email communication including sending and receiving mail.	Learn to troubleshoot common computer issues and perform basic maintenance tasks to keep systems running smoothly.
8	Ability to diagnose and resolve computer issues	Understand the basics of digital security, including safe internet practices, password management, and recognizing online threats.
9	Skill in organizing, managing and backing files & folders.	
10	Completion of small projects and practical assignments that consolidate the skill learned during the courses	


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English Efficiency Course
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Mrs. Manisha Kumari
(Assistant Professor)
(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 07.01.2019 to 28.02.2019
TIME: 03:00 PM to 04:00 PM
VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Achieving a certain level of proficiency in speaking, listening, reading, and writing skills according to established language frameworks	Improve fluency and accuracy in spoken English through structured practice activities.
2	Developing the ability to effectively communicate in English across different contexts, such as academic, professional, and social settings.	Build confidence in participating in conversations, discussions, presentations, and interviews.
3	Expanding vocabulary knowledge to comprehend and use a wide range of words and phrases appropriately.	Improve ability to understand spoken English in various accents and contexts.
4	Mastering grammatical rules and sentence structures to communicate ideas clearly and accurately.	Develop strategies for listening for main ideas, details, and nuances.
5	Applying English language skills to analyze, evaluate, and synthesize information from various sources.	Learn and use a wider range of vocabulary words and phrases relevant to different topics and situations.
6	Understanding and using English in culturally appropriate ways, including social conventions, politeness strategies, and idiomatic expressions.	Develop techniques for acquiring and retaining new vocabulary effectively.
7	Developing awareness and understanding of cultural differences and effectively navigating intercultural communication situations in English.	Understand and apply grammatical rules and structures to create clear and coherent sentences.
8	Acquiring strategies and skills for lifelong language learning beyond formal instruction.	Practice using different sentence types and tenses accurately.
9	Building confidence in using English and maintaining motivation to continue improving language skills.	Enhance reading comprehension skills by practicing with authentic texts such as articles, reports, and literary works.



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Mr. Chunchun Kumar

(Assistant Professor)


(Basundhara Teachers' Training College, Muzaffarpur)

DATE: 07.01.2019 To 21.01.2019

TIME: 09:00 AM to 10:00 AM

VENUE: Basundhara Teachers' Training College, Sliout, Muzaffarpur

Sl.No.	Course outcomes	Objectives
1	Participants will achieve increased flexibility through regular practice of yoga and stretching exercises.	Improve typing speed and accuracy to enhance productivity and efficiency when using computers.
2	Students will develop muscular strength and endurance by practicing yoga poses that target different muscle groups.	Equip participants with essential computer skill needed for everyday tasks and professional use
3	Learners will experience reduced stress levels and improved mental well-being through relaxation techniques, meditation, and controlled breathing	Faster confidence in using computer s and navigating original environments
4	Learners will learn breathing techniques that enhance respiratory function, increase lung capacity, and promote relaxation.	Teach effective use of web browser and search engine for information
5	Students will learn therapeutic yoga practices that help alleviate common physical discomforts such as back pain, joint stiffness, and tension headaches.	Ensure participants can manage email communication proficiency.
6	Participants will improve their ability to concentrate and focus through mindfulness exercises and meditation practices incorporated into yoga sessions.	Learn to use office productivity software like Microsoft Office or Google Workspace for creating documents, spreadsheets, and presentations.


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